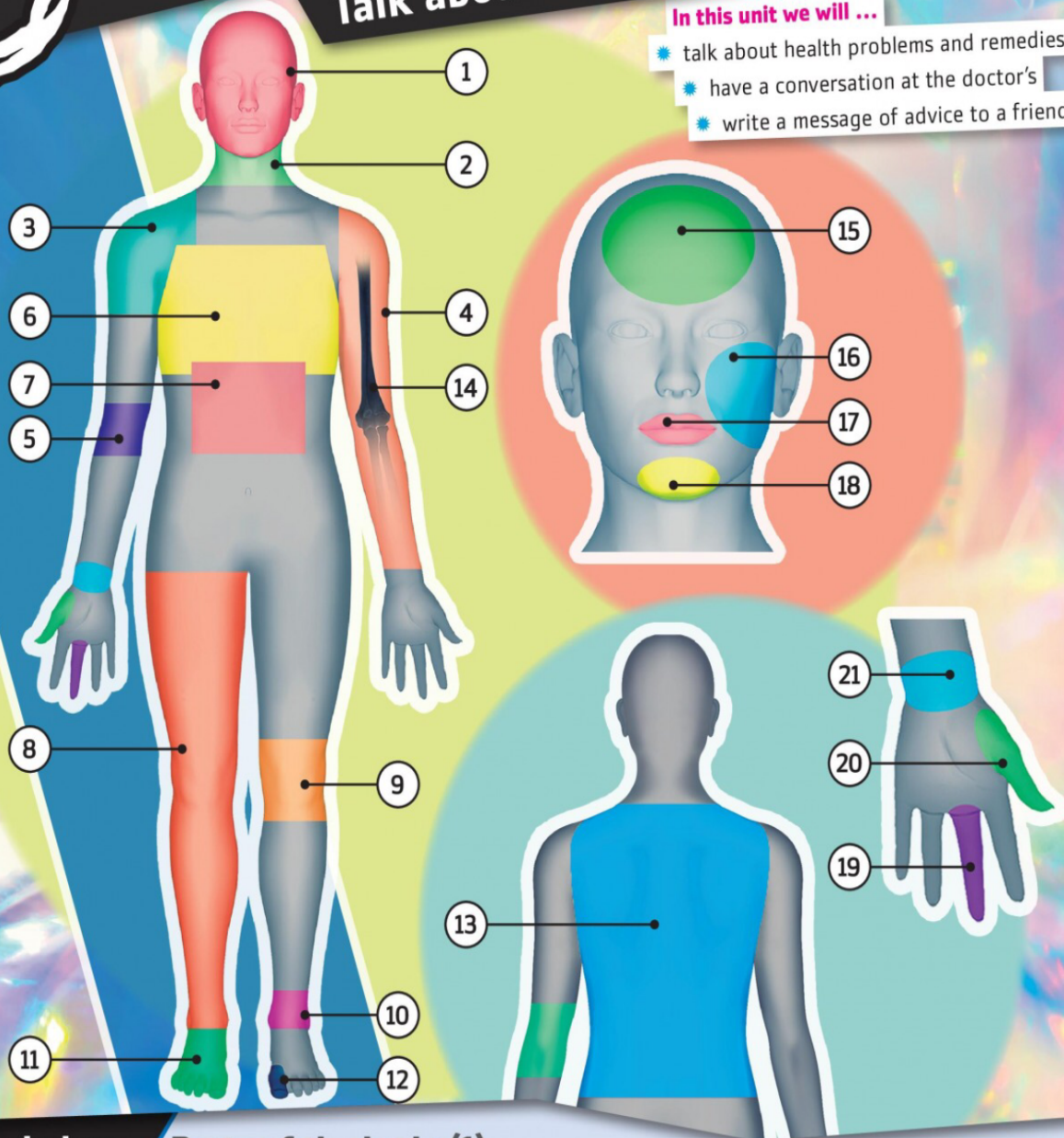


Mind, body, spirit

Talk about the body and health

In this unit we will ...

- talk about health problems and remedies
- have a conversation at the doctor's
- write a message of advice to a friend



Vocabulary Parts of the body (1)

- 1 061 Match the words with the pictures. Then listen, check, and repeat.

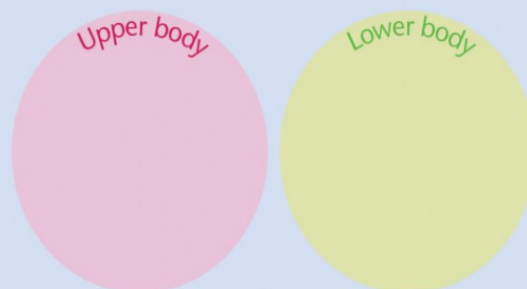
<input type="checkbox"/> arm	<input type="checkbox"/> thumb	<input type="checkbox"/> mouth	<input type="checkbox"/> ankle
<input type="checkbox"/> chest	<input type="checkbox"/> shoulder	<input type="checkbox"/> head	<input type="checkbox"/> leg
<input type="checkbox"/> chin	<input type="checkbox"/> foot (pl. feet)	<input type="checkbox"/> neck	
<input type="checkbox"/> toe	<input type="checkbox"/> cheek	<input type="checkbox"/> bone	<input type="checkbox"/> finger
<input type="checkbox"/> knee	<input type="checkbox"/> stomach	<input type="checkbox"/> wrist	
<input type="checkbox"/> back	<input type="checkbox"/> elbow	<input type="checkbox"/> forehead	



Fun fact

We have around 300 bones when we are born, but only around 200 as adults!

- 2 Complete the mind map with the words from exercise 1. Some words can go in both circles.



- 3 **Pairwork** Say a part of the body. Your partner has to touch that part of their body as quickly as possible. How many can your partner get right in one minute?

Accidents

- 4 062 Match the phrases a–i with the pictures 1–9. Then listen, check, and repeat.



- a I twisted my ankle.
 b I cut my hand.
 c I broke my leg.
 d I burned my finger.
 e I pulled a muscle.
 f I bumped my head.
 g I got a blister.
 h I got a splinter.
 i I dislocated my shoulder.



Look!

Use possessive adjectives when talking about a person's body parts, not *the*.

She twisted *her* ankle. NOT *She twisted the ankle.*

- 5 Look at the problems in exercise 4. What advice could you give to people with these problems?
- 6 **Pairwork** What do you do when you have the health problems in exercise 4? Compare your reactions with a partner.

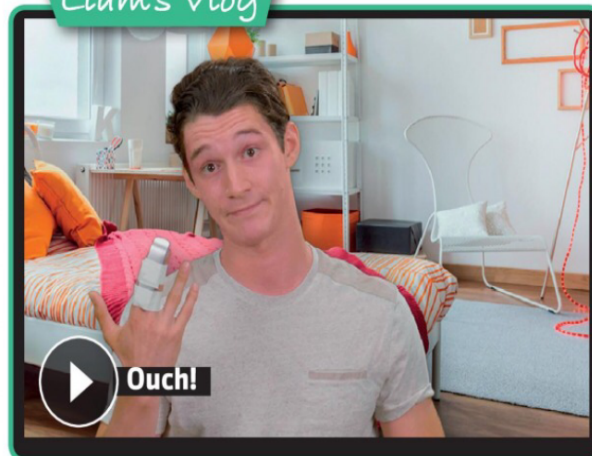
What do you do when you burn your hand?

I put my hand under cold water.

Challenge

Play a guessing game! Describe a part of the body for your partner to guess using: *It's part of/ near your ... / You use it to ... / You have (two) of these. / You can ... with it.*

Liam's vlog



Step 1

- 1 Look at the picture. What is Liam wearing? How do you think he feels?

Step 2

- 2 063 **Watch or listen** What happened to Liam?

- a He had an accident while he was going to a soccer game.
 b He fell off his bike before a soccer game and hurt himself.
 c He hurt himself while he was playing soccer.

- 3 063 **Complete the paragraph with the missing words.**

Liam has just come back from the ¹ , where he had an ² . He broke ³ fingers. He was ⁴ the match when a ⁵ ran in front of him and he ⁶ off his bicycle.

Step 3

- 4 Have you or someone you know ever broken a bone or had an X-ray? What happened? Share your story with a partner.

I dislocated my shoulder when I was 8. I fell off a wall ...

Check it out!

Check the meaning of these phrases.

in my dreams

How stupid is that?

Things can't get much worse than this.



Would you **change** your appearance to help a **charity**?

In the U.S., people often do "challenges" to raise money for a charity. They climb a mountain or run 10 km, and their friends and family give money to the charity in exchange for them completing the challenge. What would you do for a good cause? Would you be willing to change your appearance? Well, that's exactly what these people did.

Mark Fischbach from Hawaii is a YouTuber with the online name Markiplier. He has raised hundreds of thousands of dollars for charity over the years by encouraging his 18 million subscribers to donate money during livestreams. In one streamed event on his channel, he promised to have his hair dyed pink if his followers raised \$100,000. Thanks to his followers, he reached that target and had his hair dyed. He has since had his hair dyed lots of colors for different charities. In his last event, he raised over \$400,000 for Save the Children.



Tom Brady, an American football player with the New England Patriots, had his head shaved to make money for a cancer hospital. Tom Brady took part in the "Saving by Shaving" event and raised \$7.5 million in the process. Tom's mother, Galynn, is a cancer survivor, so this charity was close to his heart. The live shaving was part of an event where Granite Telecommunications promised to give over \$5 million if 1,000 other people agreed to get their heads shaved. Tom isn't the only American football player from the Patriots to take part in such an event. Rob Gronkowski annually has his head shaved in the "Buzz Off" event at the Gillette Stadium which raises money for children with cancer.

If you don't feel like having something done to your appearance for charity, there are plenty of other creative ways to raise money. One popular way to raise money is to wash people's cars for charity. For five years running, Saager Chawla and his brother Rohen have raised money for UNICEF by washing cars and selling lemonade. Most years around twenty people have had their car washed by the brothers and they have sold a lot of lemonade. Typically, they raise around \$1,500 for charity.



Talk about having something done

1 Look at the pictures. Which picture shows:

- someone getting their head shaved?
- someone with dyed hair?

2 064 **Read and listen** Find the names of the people who made the changes listed in exercise 1, and where they are from.

3 Answer the questions.

- Who does Markiplier get donations from?
- How much money did his last hair-dyeing make?
- Which charity has he raised the most money for?
- Why did Tom Brady want to raise money for cancer?
- How many other people had their head shaved with Tom Brady?
- Who are Saager and Rohen Chawla?

4 **Pairwork** What do you think about what these people did? Would you change your appearance to help a charity?



have / get something done

- 5 Read the sentence and match it with the correct meaning.

She had her head shaved.

- a She shaved it herself.
b Someone else shaved it for her.

have / get something done			
	have / get	something	done
He promised to	have / get	his hair	died.
Where	do you have do you get	your hair	cut?
I	'm having / getting	my eyes	tested.

Think

Check (✓) the correct answer.

Use *have / get* + object + past participle to say that:

- ☐ you do something yourself.
☐ you arranged for someone to do something for you.

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- 6 Look at the planner. Write sentences with *have something done* and the words in parentheses.

Monday	eye doctor (my eyes / test)
Tuesday	hairstylist's (my hair / cut)
Wednesday	mechanic (my car / check)
Thursday	photographer (my picture / take)
Friday	dry cleaner's (my jacket / clean)

On Monday, I'm having my eyes tested.

- 7 Rewrite the sentences with *have something done*.

Someone is repairing my laptop.

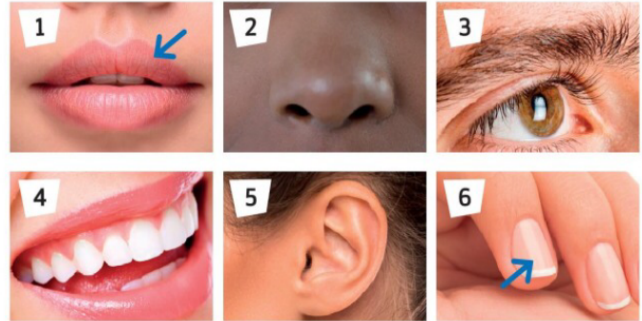
I'm having my laptop repaired.

- 1 Someone cleans their house once a week.
They _____ once a week.
- 2 Someone is cleaning our windows now.
We _____ now.
- 3 Someone X-rayed my foot at the hospital.
I _____ at the hospital.
- 4 Someone did Jill's makeup for her wedding.
Jill _____ for her wedding.
- 5 Someone has fixed your glasses.
You've _____.

Parts of the body (2)

- 8 065 Match the words with the pictures. Then listen, check, and repeat.

<input type="checkbox"/> ear	<input type="checkbox"/> nose	<input type="checkbox"/> tooth (pl. teeth)
<input type="checkbox"/> lip	<input type="checkbox"/> eyebrow	<input type="checkbox"/> (finger)nail



- 9 066 Complete the dialogue with the correct form of *have* and the verbs in the box. Then listen and check.

do alter pierce paint dye whiten



Piya Look at these before and after photos of Brad Steele. He looks totally different.

Jen What!? He was already gorgeous and famous!

Piya He ¹ _____ his ears and his eyebrow _____ . And he ² _____ his nails _____ black, too!

Jen Wow, I think he ³ _____ some plastic surgery _____ ! It looks like he ⁴ _____ his nose _____ and his lips made bigger, too.

Piya No, I don't think so. He just ⁵ _____ his hair cut and _____ , so his face looks different.

Jen Maybe. I'm certain he ⁶ _____ his teeth _____ , though.

Piya Would you change your appearance?

Jen No way.

- 10 Pairwork Ask and answer questions using the words in the box.

hair / dye head / shave teeth / whiten
ears / nose / lip / eyebrow / pierce nails / paint

Have you ever had your hair dyed?

Yes, I have.

When did you have it dyed?